



Autism Family Network

March 2020

www.AutismFamilyNetwork.org

autismfamilynetworklincoln@gmail.com

402-421-0874

Calendar of AFN Events

March 4th Informational Meeting w/ Courtney Miller 6:30pm

March 11th Urban Legends Art Studio Easter Event 6:30pm-8:30pm

April 2nd & 3rd ASD Conference Meetings

April 4th 5th Annual AFN 5k @ Railyard 9:00am

April 4th Cosmic Eye Brewing Parents Night Out

April 6th Autism Proclamation 10:30 am (location TBD)

April 17th Support Group for Latino Families Affected by Autism 6:00-7:00pm

Viernes Abril 17 Grupo de Apoyo Para Familias Latinas Afectadas por Autismo 6:00-7:00pm

April 21st Informational Meeting w/ Jeff Schubert 6:30pm

April 25th Cardio Tennis for Autism Silent Auction and Clinic

May 2nd Mom's Night Out @ Deer Springs Winery 6:00-9:00pm

May 31st Sowers Club of Lincoln 5th Annual Car Show @ Gateway Mall

June 20th and July 25th Sensory Friendly Swim Nights 8:30-10:00pm

June 27th 1st Annual AFN Volleyball Tournament @ Spikes 10:00am

August 29th AFN Fishing is Fun Event @ Holmes Lake 11:30am

****email us to reserve the free Lincoln Children's Museum pass,
Omaha Henry Doorly Zoo pass, and the Lincoln Zoo pass**

AFN Project Lifesaver hours 5:30-7:30pm Tuesdays
6500 Holdrege Street

Join us on Facebook!

<https://www.facebook.com/AutismFamilyNetwork/about>

AFN Informational Meeting



March 4th, 2020

6:30 pm

1311 Stockwell Street

??QUESTIONS ABOUT DD SERVICES IN NEBRASKA??

COURTNEY MILLER

DIRECTOR OF DD SERVICES DHHS NEBRASKA

RSVP REQUESTED:

autismfamilynetworklincoln@gmail.com





Autism Family Network

Urban Legends Art Studio

Come by on March 11, 2020 and make Easter themed door hangers!



The event will be held at Urban Legends Art Studio on March 11, 2020 from 6:30-8:30 p.m.

Please email RSVP to autismfamilynetworklincoln@gmail.com

Class size limited due to space- so don't wait! Email us now!



SATURDAY
APRIL
4th

5K & Kids' Fun Run

Railyard • Lincoln, NE



Proceeds benefit **local families** affected by autism.



Free t-shirt for runners who register by March 25.



Register today at AutismFamilyNetwork.org.



Autism Family Network



Send Registration & Payment to:
Autism Family Network
6500 Holdrege St.,
Lincoln, NE 68505



The Autism 5K is a run/walk to benefit families affected by autism. Every 20 minutes a child is diagnosed with autism and 1 in 59 children are currently diagnosed. Overall, more than 2 million Americans are affected.

WHEN

Saturday, April 4, 2020
5K Start: 9:00am
Kids Fun Run Start: 10:00am

WHERE

Railyard - R & Canopy St
Start/Finish
Lincoln, Nebraska

FEES

\$25 Age 13 & up
\$15 Age 12 & under
\$10 Circle of Friends Team and K-12
students (using their own t-shirts)

\$30 Race Day

For Serious and Not-so Serious Runners!

Prizes will be awarded for the best
Light It Up Blue outfit as well as
overall winner.

REGISTER!

Find Online Registration at
https://secure.getmeregistered.com/get_information.php?event_id=133490 or mail
in this completed registration form.

REGISTRATION FORM

Should be RECEIVED in our office by Wednesday March
25, 2020 in order to guarantee a t-shirt.

Name: _____

Team Name (if any): _____

Address: _____

City: _____ State: _____ Zip: _____

Age: _____ Phone: _____

Circle: Male | Female

Email Address: _____

T-Shirt Size (if ordering):

Adult: S _ M _ L _ XL _ XXL _ XXXL _

Child: S _ M _ L _

WAIVER: I agree that if I participate in this physical activity, program and/or related event, I do so at my own risk. I agree that I am voluntarily participating in the event and using event facilities or premises and assume all risk of injury, illness, damage or loss to me or my property that might result from entering this event. I hereby consent to receive medical treatment in the event of injury, accident and/or illness during the Autism 5K. I hereby for myself, my executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive a release all event sponsors, charities, volunteers, and the city of Lincoln. The signing of this release waiver extends to all claims seen and unforeseen against any party associated with this event.

Signature _____ Date _____

It's time for Autism Family Network's 5th Annual Blue Run!

Swag Bag Fundraiser

Not a runner? Or you are a runner and wanting to go the extra mile (not literally!) for AFN Lincoln? Raise **\$100** and earn a swag bag full of cool AFN swag!

(landyard, headband, pen, t-shirt, chapstick, insulated cup)



Want to do even more?

Raise **\$250** and earn a swag bag

PLUS a cool AFN jacket and runner muff!



Autism Family Network

Wanting to do more than just run?

AFN's 5th annual Blue Run will be held on April 4th, 2020. We need your help with raising some cash! The deadline for swag bag is March 24th, 2020.

If you raise \$100 or signup 8 runners for your team

Swag bag full of sweet AFN gear including a lanyard, headband, T-shirt, Chapstick, and an insulated AFN cup!

If you raise \$250 or sign u p16 runners for your team

Swag bag full of sweet AFN gear including a lanyard, headband, T-shirt, Chapstick, and an insulated AFN cup! **PLUS** an AFN jacket *AND* runner muffs!

So, what's it going to be?

Please make checks payable to [Autism Family Network](#) and mail them along with this sheet and a list of names of registered runners assigned to your team to [6500 Holdrege St., Lincoln, NE, 68505](#). Contact autismfamilynetworklincoln@gmail.com with any further questions.

Name: _____

Donation Amount: _____

Jacket/Shirt Size:

S M L XL XXL



Autism Family Network

5K Walk/Run

Thank you for your interest in sponsoring the 5th Annual Capital City Blue Run for Autism. Please see the below sponsorship opportunities. We thank you in advance for your generous contribution which is tax deductible: **Tax ID #: 76-0842403**

Diamond Sponsor - \$2,500

- Prominent logo placement on T-shirts, AFN website, Facebook, Twitter, and T-shirt
- AFN sponsorship plaque
- Company name on the Cube show at the event
- Company supplied banner featured at event
- A special thank you in Pre-Run/Walk announcements
- Company supplied material to go in course packets which each runner will receive
- Space available to set up and distribute corporate material
- AFN insulated cup and jacket
- 12 Complementary race entries

Platinum Sponsor - \$1,000

- The feature logo displayed on T-shirts, AFN website, Facebook, Twitter, and T-shirt
- Company name on the Cube show at the event
- Company supplied banner featured at the event
- A special thank you in Pre-Run/Walk announcements
- Company supplied material to go in course packets which each runner will receive
- Space available to set up and distribute corporate material
- 10 Complementary race entries

Gold Sponsor - \$500

- Company or individual name/logo displayed on T-shirts, AFN website, Facebook, Twitter, and T-shirt
- Company logo on the Cube show at the event
- Company-supplied banner featured at the event
- A special thank you in Pre-Run/Walk announcements
- Company supplied material to go in course packets which each runner will receive
- Space available to set up and distribute corporate material
- 6 Complementary race entries

Silver Sponsor - \$300 (or items of equal value)

- Company or individual name/logo displayed on AFN website, Facebook, Twitter, and T-shirt
- Company logo on the Cube show at the event
- A special thank you in Pre-Run/Walk announcements
- Company supplied material to go in course packets which each runner will receive
- Space available to set up and distribute corporate material

- 4 Complementary race entries

Bronze Sponsor - \$150 (or items of equal value)

- Company or individual name displayed on AFN website, Facebook, Twitter, and T-shirt
- Company name on the Cube show at the event
- A special thank you in Pre-Run/Walk announcements
- Company supplied material to go in course packets which each runner will receive
- 2 Complementary race entries

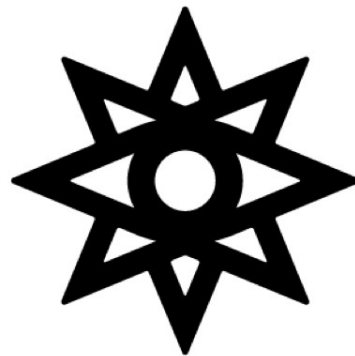
April 4, 2020

Parents Night Out!

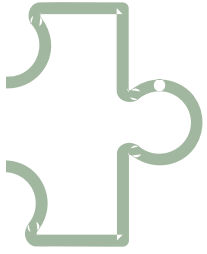
Cosmic Eye Brewing
6800 P ST
Lincoln, NE

All day Happy Hour pricing for parents in the AFN-Lincoln network on April 4, 2020.

-Must present this flyer for discount. Valid ID require for all alcohol purchases. We ID EVERYONE!

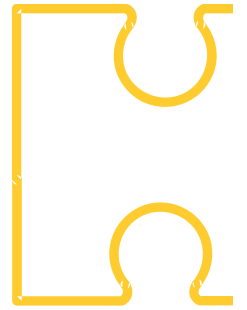


COSMIC EYE
BREWING



JOIN THE AUTISM FAMILY
NETWORK AS WE
PROCLAIM APRIL AUTISM
AWARENESS MONTH IN
NEBRASKA!

COME AND
SUPPORT US



AUTISM PROCLAMATION

FEATURING SPEAKER,
CATHY MARTINEZ

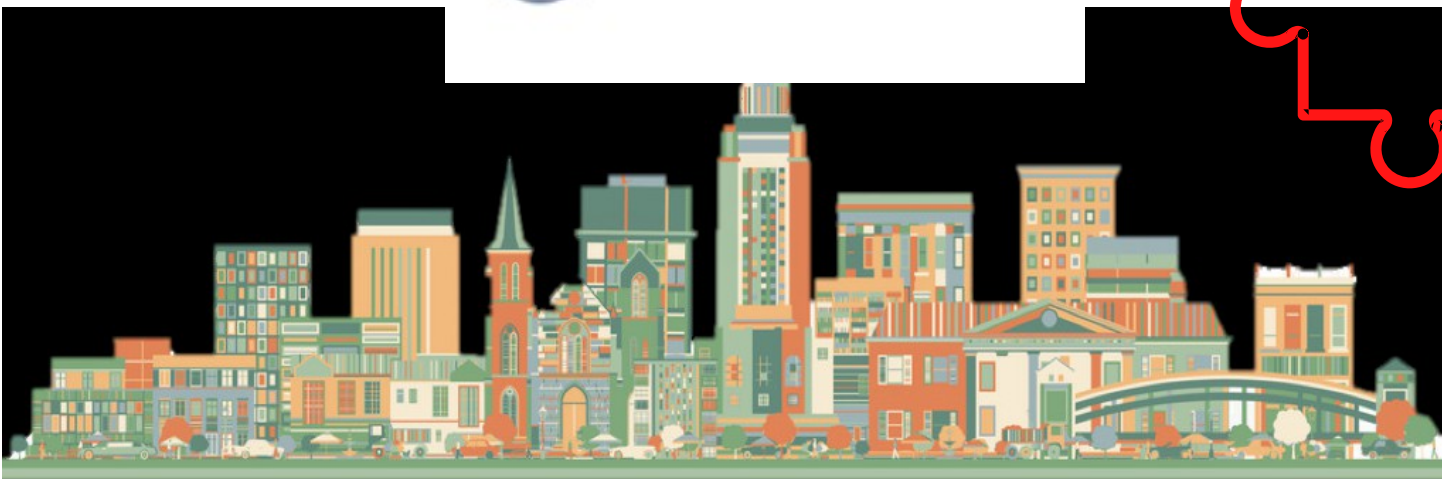
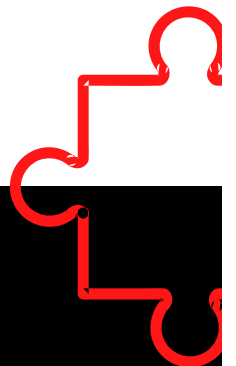


AT THE WARNER CHAMBER, 2ND
FLOOR OF THE NEBRASKA STATE
CAPITOL

APRIL 6TH | 10:30 AM | 2020



Autism Family Network



Autism Family Network
Support Group for Latino Families Affected by Autism

Friday April 17th, 2020

6:00-7:00 pm

6500 Holdrege Street

Lincoln, NE

Autism Family Network
Grupo de Apoyo Para Familias Latinas Afectadas por Autismo

Viernes Abril 17, 2020

6:00-7:00pm

Calle Holdrege 6500

autismfamilynetworklincoln@gmail.com

402-421-0874





AFN January Informational Meeting

April 21st, 2020

6:30pm

shubert behaven - Google Se x | Jeff Shubert - Intake Coordinator x | +

f+shubert+behaven&rlz=1C1CHBF_enUS877US877&sxsrf=ACYBGNSSPxTksmlMla9m7n4WS-8yUP2Ylg:1576603264206&source=Inms&tbm=isch&sa=X&ved=2ahUKE...

Jeff Shubert - Intake Coordinator/LMHP - Behaven Kids | LinkedIn

7_3-7_5_Review_Key.pdf 7_4-7_5_Review_Key.pdf 8_1_Review_Key (1).pdf 8_1_Review_Key.pdf Show all

11:21 AM 12/17/2019

RSVP Requested

autisfamilynetworkindh@gmail.com

2020 CARDIO TENNIS FOR AUTISM



Genesis Health Clubs • 5300 Old Cheney Rd • Lincoln, NE

SATURDAY
APRIL
25



9:00 a.m. clinic, 8:00–10:30 a.m. silent auction.



Proceeds benefit **local families** affected by autism.



\$25 per person, includes breakfast.



Register at GetMeRegistered.com/CardioTennis.

(402) 421-0874

AutismFamilyNetwork.org



Autism Family Network

BE SURE TO WATCH FOR PUZZLE PIECES @ RESTURANTS THROUGHOUT APRIL!

WE
PROUDLY
SUPPORT



Autism Family Network



Join us in helping local families affected by autism.

GIVE \$1 TODAY and add your name to our wall of support!

For more information, visit AutismFamilyNetwork.org.



Mother's Day Social

Come enjoy a
break with fellow
AFN moms!

Wine + snacks available for purchase.

SATURDAY | 6-9
MAY 2 | PM

Deer Springs Winery
16255 ADAMS ST.

PLEASE RSVP TO:
AutismFamilyNetworkLincoln
@gmail.com

SOWERS CLUB of LINCOLN

5th Annual



A fundraiser for Autism Family Network
and Child Advocacy Center, Lincoln, NE.

Gateway Mall • 61st & O St. • West Parking Lot

8:00 – 11:00 a.m. On-Site Registration

11:00 a.m. Judging *All hoods, trunks, & doors closed*

3:00 p.m. Awards

TheSowersClub.com/events/sowers-car-truck-motorcycle-show



**Free Sensory Friendly
Swim Nights
at Star City Shores**

Save the Date

June 20th

and

July 25th 8:30-10:00pm

**Registration
will open soon at
onecoalition.weebly.com**

AUTISM FAMILY NETWORK 1st ANNUAL VOLLEYBALL TOURNAMENT



Autism Family Network

When: Saturday, June 27th, 2020-

10:00 am start time

Where: Spikes Beach Bar & Grill

Divisions: 6x6 Co-Ed Rec.

Format: All divisions will follow pool play format to determine seeding for a single elimination tournament to their respective division

Cost: 6x6 Co-Ed- \$120/team

Prizes: CASH prizes for 1st, 2nd, & 3rd place

Sign-up Deadline: June 25th



***Spikes ask that you please DO NOT bring any outside food or drink into the complex (i.e., coolers, fast food, or any alcoholic beverages.). The Bar & Grille will be able to provide you with everything that you may need!*

Thanks!

Registration:

Please fill out this form and send to 6500 Holdrege St., Lincoln, NE, 68505 or email to AutismFamilyNetworkLincoln@gmail.com by June 25th.

Team Name: _____

Captains Name: _____

Phone Number: _____

Co-Captains Name: _____

Phone Number: _____

PLEASE INCLUDE FULL PAYMENT

NEBRASKA
WALLEYE
ASSOCIATION
KIDS FISHING
CLINICS CHARITY,
INC.



Autism Family Network

FISHING IS FUN! SPECIAL KIDS-LINCOLN

WHEN: AUGUST 29, 2020

WHERE: HOLMES LAKE – SHELTER #1

For Youth and Young Adult. **Parent or guardian must attend.**

TIME: 11:30 AM CHECK-IN - MEAL

Sign up by August 28th or the first 50 registered

Email: autismfamilynetworklincoln@gmail.com

Phone: 402-421-0874 Questions

Cathy Martinez

Sign up early and bring waiver form completed. Printable form at

www.nebraskawalleye.com and click on Fishing is Fun!

This is a special clinic for special youth and young adults and their siblings that need a smaller and more hands on experience at fishing. The Nebraska Walleye Association Kids Fishing Clinics Charity, Inc. puts these clinics on all over the state of Nebraska. This year we are partnering with AFN. We've made this clinic smaller in size to give special youth and young adults a chance to tryout fishing. No rods or reels are needed. We will provide hot dogs, chips and drink for meal. Fishing is Fun! will provide instructional training, fishing gear, bait and assistance with fishing. All that you need are your children and a lawn chair. Brothers and sisters are welcome but please sign them up at the same time. We will check the kids in starting at 11:15 AM at HOLMES LAKE SHELTER #1. Clinic will start at noon.

 inSOURCE

INDUSTRIES
Steve Andersen



LINCOLN

LIBRARY LEARNING TIME



Sensory Storytime

This storytime is designed to engage children ages 2–8 through movement, music, stories and play. It is open to all children and is especially geared to children with sensory integration issues or children who have difficulty sitting still. Siblings are welcome and parent participation is required. Contact Diane at d.vanek@lincolnlibraries.org if you'd like to tell us about your child or request special accommodations.

Gere Brand Library
2400 S. 56th Street
402-441-8560

Saturdays, 9:15 to 10:15 AM, January 18 – May 30
(no Sensory Storytime on February 29, March 21,
April 18, May 16 or May 23)





Sensory friendly dates at the Lincoln children's museum!

What does this include?

- Dim lighting
- No music or overhead announcements
- Quiet rooms
- Special activities
- Sensory kits
- Noise canceling headphones and fidget toys

When will this be?

- March 27, 2020 5:30 p.m. - 8:00 p.m.
- August 23, 2020 10:00 a.m. - 12:30 p.m.
- November 13, 2020 5:30 p.m. - 8:00 p.m.

2020 Homer's Heroes Registration
Registrations are Due by May 14, 2020

Child's Name: _____ Age as of June 6, 2020: _____

Birth Date: _____ M F

- Youth 6-8 Youth 14-16 Adult Medium Adult XL
 Youth 10-12 Adult Small Adult Large Adult XXL

Parent/Guardian Name: _____

Address: _____

City, State Zip: _____

Phone: Home _____ Other _____

E-mail address for announcements:

Please describe what type of assistance your player will need. wheelchair walker

Signature of Parent/Guardian _____ Date _____

I / We have read the foregoing release. I / We understand the contents of the foregoing document and assume the risks which are incidental to our child participating in the Homer's Heroes Baseball League. We also release the right to use pictures of our participating child.

Yes, I want to help by being a "buddy" during the games.



Mail to:
Homer's Heroes Baseball
c/o Dottie Williams
2300 Atwood Circle
Lincoln NE 68521



Registration Consent & Release League Copy

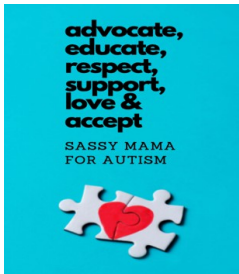
I / We, the undersigned

The parent(s) or Legal Guardian(s) recognizes the coaches and support personnel are volunteers and may not have received training in their activities or other functions in the Homer's Heroes Baseball League. The Parent(s) or Legal Guardian(s) recognizes baseball may result in serious injuries and protective equipment does not prevent all injuries to players.

Except as to those coverage's provided in the supplemental insurance policy of the Homer's Heroes Baseball League. The undersigned, for themselves and for the Participant, hereby release, absolve, agree to indemnify and hold harmless the Homer's Heroes Baseball League, it's officers, coaches, support persons, and all other persons transporting Participant to and from the Homer's Heroes Baseball League activities, from any and all liability arising from injury which the Participant experiences while participating in or traveling to and from a Homer's Heroes Baseball League Activity.

As to the coverage provided in the supplemental insurance policy of the Homer's Heroes Baseball League and the health and accident insurance provided a Participant by Homer's Heroes Baseball League, the undersigned for themselves and for the Participant, hereby release, absolve, agree to indemnify and hold harmless Homer's Heroes Baseball League, it's officers, coaches, support persons and all other persons furthering the efforts of the Homer's Heroes Baseball League from any and all liability for any amount in excess of policy limits recovers (including deductibles as well as maximum payment amounts) on such insurance policies.

I give consent to Homer's Heroes Baseball League to take photographs of my participation in Homer's Heroes. I further consent to use such photographs to promote Homer's Heroes Baseball. I understand that I will receive no financial or compensation for the use of such photographs.



Tiger Rock Martial Arts and Sassy Mama are happy to announce a 4 week Autism – Sensory Friendly Camp!

Classes will be closed to the public. Kids who are on the autism spectrum and their siblings are invited!

Sunday, April 19, 2020 at 1:00-1:45 p.m.

Sunday, April 26, 2020 at 1:00–1:45 p.m.

Sunday, May 10, 2020 at 1:00-1:45 p.m.

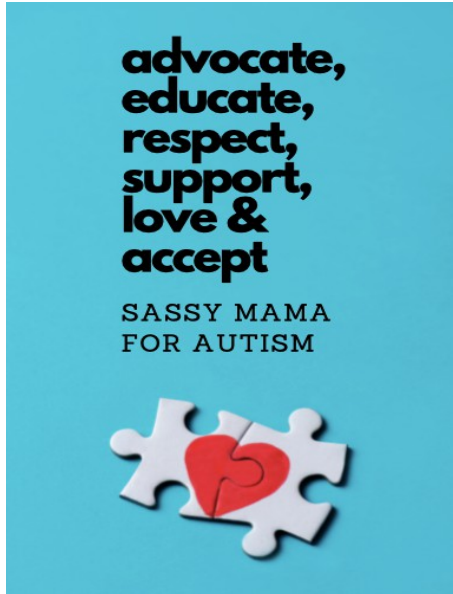
Sunday, May 17, 2020 at 1:00-2:00 p.m.

The cost is \$59.00 for all four classes. The fee also includes a tee shirt, mat socks and a graduation pizza party after the last class on May 17th. Classes will be at: 5900 S 85th #100 Lincoln, NE

** if families would like to participate and need assistance with sharing the cost of the class please email:

info@sassymamaforautism.com

RSVP Requested: Email info@sassymamaforautism.com for a registration link.



Parent Support Groups are
Finally HERE!

Join us for :

Sassy DADS Autism Support Groups

Sassy MOMS Autism Support Groups

AND

Sassy Autism FAMILY Play Dates

SASSY "DADS" Autism Support Group

This group is dads, grandpas and brothers from autistic families. Men supporting men. We will have a topic of conversation to get the group started in conversation and then it will be an open forum. It will be a very casual informal setting.

Saturday March 7, 2020 at 8:30-9:30 a.m.

Village Inn 5001 Van Dorn Lincoln, NE

Sunday, March 15, 2020 at 8:00-9:00 a.m.

Village Inn 5001 Van Dorn Lincoln, NE

Saturday, March 21, 2020 at 8:00-9:00 a.m.

The Harbor Coffee Shop
1265 S Cotner Blvd, Lincoln, NE

Monday, March 30, 2020 at 6:30-7:30 p.m.

Scooters Coffee
6811 O Street, Lincoln, NE



Project Lifesaver Lincoln/Lancaster County

Office Hours

6500 Holdrege

Tuesdays from 5:30pm – 7:30pm

Lincoln has a resource for people who are prone to wandering. The Autism Family Network has launched "Project Lifesaver" as of October 1.



Project Lifesaver is a battery-operated band that a child or adult can wear. If the person is reported missing, a search and rescue team from the Lincoln Police Department and Lancaster County Sheriff's Department will respond with a tracking system.

Citizens enrolled in Project Lifesaver wear a small transmitter on the wrist or ankle that emits an individualized frequency signal. If an enrolled client goes missing, the caregiver notifies 911, and a trained emergency team responds to the wanderer's area. The first responders will then use the client's individualized frequency to locate the position of the individual. The knowledge given from the community policing courses is best applied in this situation because the first responders will know how to best approach the client once found, and allow them to be brought back to safety.

Now, anyone can contact the Autism Family Network to sign up and be part of the program. The Project Lifesaver bracelet comes at a cost of \$300. Families can also choose to Pay As You Go and pay \$20 a month for 15 months until it's paid off. If families cannot afford either program, there are grants available for qualifying families.

ENable[®]

SAVINGS PLAN

In December 2014, the Achieving a Better Life Experience (ABLE) Act was signed into law authorizing individuals with disabilities to open tax-exempt savings accounts to save for disability-related expenses without impacting eligibility for resource-based benefits. The Act permits individuals with disabilities to save more than a total of \$2,000 in assets (cash, savings, etc.) in their name in a qualified ABLE account.

The ABLE Act provides individuals with disabilities a host of benefits to start saving for the future. For starters, you get to keep your public benefits! And earnings on the money in your account are free from federal and state tax.

Diane K. Stewart

Enable Outreach Specialist

First National Bank

www.EnableSavings.com [\[facebook.com\]](https://www.facebook.com) 1.844.ENABLE4 •

?1620 Dodge Street • Mail Stop 1105 • Omaha, Nebraska 68197 • ☐ 402.602.3596 • ?402.938.5200

Easterseals offers fun, healthy programs for children, adults and caregivers to relax, connect with friends and engage in constructive activities, all necessary to living the best life possible.



Camping and Recreation

As the largest provider of recreation and camping services for people with disabilities in the country, we're proud to offer residential and day camps for children and adults of all types and levels of ability. Our camps are barrier-free and designed to be accessible to everyone.

Respite Services

Easterseals offers short-term or temporary care for loved ones so that their caregivers can take a much-needed break, including [adult day care](#), [inclusive childcare](#), [camping and recreation programs](#) and more.

Brain Games

Easterseals has been helping people improve their brain function for nearly 100 years through community-based programs and services. We are committed to bringing the latest in brain health science to those who need it most.

Easterseals Nebraska

Call us: 402-345-2200 Find us
12565 West Center Road, Suite 100
Omaha, NE 68144-8144

CARD Specialized Outpatient Services (SOS) provides assistance with specific areas of concern for a family and develops and implements strategies to diminish problem behaviors and teach necessary skills. Behavior analysis is the science of behavior. Applied Behavior Analysis (ABA) is the process of systematically applying interventions based upon the principles of learning theory to improve socially significant behaviors to a meaningful degree (Baer, Wolf & Risley, 1968/1987; Sulzer-Azaroff & Mayer, 1991). Specifically, ABA refers to a systematic approach to the assessment and evaluation of behavior and the application of interventions that alter behavior. In Nebraska you can contact CARD at 818-345-2345 ext 3975.



CARD™

Bryan Health

Pediatric Therapy

Helping Kids Achieve Their Milestones

Bryan Medical Center Pediatric Rehabilitation:

To schedule an appointment, call 402-481-3316

As a parent, you want the best for your children and you want to see them grow up to be successful adults with a successful and fulfilling life. At Bryan, we understand that an injury or challenge, either from illness, injury or a condition presented at birth, is unique and requires special care.

Our Areas of Specialty Include:

- Developmental disabilities
 - Neurological or chromosomal impairments
 - Torticollis
 - Autism/PDD
 - Speech
 - Risks for delays due to prematurity
 - Brain injuries
 - Feeding
 - Sensory dysfunction
 - Visual perceptual impairment
-



The ADRC is a pilot program established by the Nebraska Legislature under LB320 in 2015. This effort is coordinated by Nebraska's Department of Health and Human Services' State Unit on Aging, through local Area Agencies on Aging, and in partnership with the disability organizations listed to the left.

The Aging and Disability Resource Center is for older Nebraskans (age 60), people with disabilities of all ages, family members, caregivers, and advocates. Local ADRCs provide information, referral, and assistance for accessing community services and long-term care options. Need to know more? Call our toll free number at **(844) 843-6364** to be connected to the closest ADRC.



<http://www.legalaidofnebraska.org>

LEGAL HELP IS OFTEN THE ONLY THING STANDING BETWEEN A LOW-INCOME FAMILY'S EFFORTS TO SEE BETTER DAYS, OR SUFFERING A FALL INTO DEEPER POVERTY.

In everything we do, for everyone in Nebraska: we make equal justice happen.

For more than 50 years, Legal Aid of Nebraska has provided dignity, hope, self-sufficiency and justice through quality civil legal aid. That's the important job of Legal Aid of Nebraska. Legal Aid is a problem solver, standing side by side with low income, diverse Nebraskans – enforcing laws, protecting rights, all the while addressing urgent needs and shining a light on what more could be done.

We offer free legal help to low-income and senior citizen (60+) clients in a full range of civil matters. Our highly experienced and diverse staff is dedicated to helping people preserve and maintain life essentials—income, health, safety, and shelter. Serving all 93 counties of Nebraska, we make equal justice happen.

Connect: Address: 209 S 19th St Suite 200, Omaha, NE 68102

Phone: 402-348-1069

Legal Assistance: 877-250-2016

HORSES FOR HEALING

Equine Therapy & Research Center | Firth, Nebraska

Horses for Healing was formed by a group of horse professionals, parents, teachers and healthcare specialists with the belief that there are people in our community who can benefit from the unique **healing power of horses**.

While our first priority is to serve people, we also place value on providing **evidence-based research** to back the activities our riders engage in. We are collaborating with colleges and healthcare systems to improve the quality of the research in the benefits of equine therapy.

HORSES FOR HEALING Equine Therapy & Research Center

Phone: 402-730-1176

Email: horsesforhealingne@gmail.com

Facebook: facebook.com/horsesforhealingNE/



Finding out that your child has autism can be overwhelming, and figuring out next steps to take can be a struggle. Behaven Kids offers Autism Services that will work with you to create a therapy program, as individual as your child.

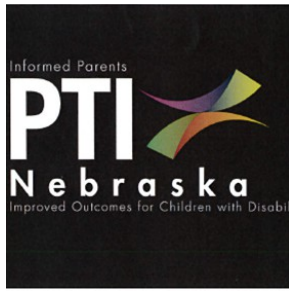
Behaven Kids Lincoln

1145 High Street

Lincoln, NE 68502

Phone 402.423.6464

info@behavenkids.com



PTI Nebraska

A statewide resource for families of children with disabilities or special health care needs, enabling parents to have the capacity to improve the education and healthcare outcomes for their children. 402-346-0525 or 800-284-8520

info@pti-nebraska.org www.pti-nebraska.org

NEBRASKA DEPARTMENT OF HEALTH & HUMAN SERVICES

Helping People Live Better Lives



The DD Waiver is a voluntary waiver. It is not a federally mandated program. Therefore, the Nebraska State legislature determines how to fund the waiver. One of the determining criteria for funding is the number of persons on the DD waiver waiting list. People on the waitlist have already met eligibility guidelines and are waiting for services. Eligibility for the DD waiver is not dependent on your family's income.

On behalf of Autism Family Network, I encourage you to apply for the DD waiver. The legislature needs to be aware of the number of people with developmental delays in our state in order to fund the waiver appropriately. There will be a few years of waiting once your name is placed on the list. Don't let this discourage you. Your loved one will have to wait a few years for services regardless if you sign up today or in 5 years from now. Get your loved one's name on the list immediately to decrease the number of years he/she has to wait for services. Some services provided under the waiver include respite, daycare, rehabilitative care, and chore services.

You may request an application by calling DD Services at 471-8501 or go on AccessNebraska at <https://dhhs-access-neb-menu.ne.gov/start/?tl=en>.

Contact the Autism Family Network with any questions you may have regarding the waiver at autismfamilynetworklincoln@gmail.com or at 40