



Autism Family Network

December 2019

www.AutismFamilyNetwork.org
autismfamilynetworklincoln@gmail.com

402-421-0874

Calendar of Events

- December 8th- Holiday Cultural Concert The Graduate Hotel Ballroom 6pm
- December 10th- McAllister's Deli Fundraiser Night 5-9pm
- December 14th- Christmas Party at the Lincoln Children's Museum 5:30-7:30
- December 15th-Christmas Party at Gateway Mall 6pm
- January 15th-Mellow Mushroom Restaurant Fundraiser Night 5-8:30pm
- April 4th- 5th Annual AFN 5k Railyard 9:00am

details coming soon for:

- AFN Urban Air Sensory Friendly Jump Night
- ABA educational meeting for parents and caregivers

**email us to reserve the free Lincoln Children's Museum pass,
The Omaha Henry Doorly Pass
or the Lincoln Children's Zoo pass

AFN Project Lifesaver hours 6-8pm Tuesdays
6500 Holdrege street

Join us on Facebook! <https://www.facebook.com/AutismFamilyNetwork/about>



Stephen Cantarero, Bassist



*Pance Gaco, Saxophonist
and Clarinetist*



*Ricky Little,
Classical singer and
Union College Choir director.*



Jarana



*Jami Friso,
Latin Percussionist*



*Genevieve Randall,
Flute Player*



*Oscar Rios,
Andes Instrumentalist*



*Marcus Larivoux,
Motivational Speaker
and Pianist*

Daniel Martinez and Friends Holiday Cultural Concert

Free will donations benefit the
Autism Family Network

December 8, 2019 | 6:00 p.m.
Graduate Scarlet Ballroom
141 N 9th Street, Lincoln



*Daniel Martinez,
Flamenco Guitarist
and Producer*

www.autismfamilynetwork.org

www.danielmartinezmusic.com



DINING FOR A
DIFFERENCE

DECEMBER 10, 5-9 PM

BENEFITTING
AUTISM FAMILY NETWORK

20% OF SALES GO TO AFN,
PLEASE MENTION AFN AT THE COUNTER

McAlister's Deli

500 N 48TH ST, LINCOLN, NE, 68504



Autism Family Network

Presents



Christmas

at the Lincoln Children's Museum
1420 P Street

PARTY

**With Sensory Santa & Mrs. Claus
This is a free event for families with
individuals with special needs.**

A free sensory-friendly night at the Lincoln Children's Museum . Bring your camera to capture a picture with Sensory-friendly Santa & Mrs. Claus. They will be in a seperate room and your child is free to walk around the room and get acclimated before meeting Santa!

**DEC 14, 2019
5:30-7:30pm**



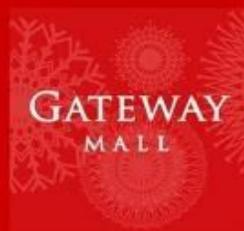
Soothing Santa

Sunday, December 15 | 6:00 to 8:00 pm

Santa knows some children need extra patience and quiet when visiting this year. Gateway is pleased to host Soothing Santa as an opportunity for children with autism and other special needs (and their siblings) to visit with Santa in a more soothing and sensory-friendly environment during the holiday season.

Join us Sunday, December 15 from 6:00 to 8:00 pm for an exclusive, sensory-friendly event taking place after the mall closes. Families will enjoy games, coloring, face-paints and treats (with gluten-free options); as well as the opportunity to visit Santa with no mall radio and lower shopper traffic.

Santa visits are limited. [RSVP Today!](#)





JOIN US TO BENEFIT

THE AUTISM FAMILY NETWORK

JANUARY 15, 2020, 5-8:30 PM
MELLOW MUSHROOM
601 R ST #110

15% OF SALES GO TO THE AUTISM FAMILY NETWORK,
JUST MENTION US TO YOUR WAITER

**Children's Museum
Family Pass Available for
checkout from AFN**



Send us an email to check for availability
autismfamilynetworklincoln@gmail.com

FREE PASS TO THE ZOO



AFN HAS A FREE FAMILY PASS TO OMAHA'S HENRY DOORLY ZOO & AQUARIUM. THIS PASS MAY BE CHECKED OUT BY FAMILIES WITH SPECIAL NEEDS DURING 2019. PLEASE CONTACT AFN TO FIND OUT IF THE PASS IS AVAILABLE AND WHERE YOU CAN PICK IT UP.

LIONS • TIGERS • ELEPHANTS • MONKEYS

AUTISMFAMILYNETWORKLINCOLN@GMAIL.COM

Made with PosterMyWall.com

Project Lifesaver



Lincoln has a resource for people who are prone to wandering. The Autism Family Network has launched "Project Lifesaver" as of October 1.



Project Lifesaver is a battery operated band that a child or adult can wear. If the person is reported missing, a search and rescue team from the Lincoln Police Department and Lancaster County Sheriff's Department will respond with a tracking system.

Citizens enrolled in Project Lifesaver wear a small transmitter on the wrist or ankle that emits an individualized frequency signal. If an enrolled client goes missing, the caregiver notifies 911, and a trained emergency team responds to the wanderer's area. The first responders will then use the client's individualized frequency to locate the position of the individual. The knowledge given from the community policing courses is best applied in this situation because the first responders will know how to best approach the client once found, and allow them to be brought back to safety.

Now, anyone can contact the Autism Family Network to sign up and be part of the program. The Project Lifesaver bracelet comes at a cost of \$300. Families can also choose to Pay As You Go and pay \$20 a month for 15 months until it's paid off. If families cannot afford either program, there are grants available for qualifying families.

The logo for ENable SAVINGS PLAN. The word "ENable" is written in a blue, sans-serif font, with the "able" portion in a green, cursive script. Below it, the words "SAVINGS PLAN" are written in a smaller, blue, sans-serif font.

ENable[®] SAVINGS PLAN

In December 2014, the Achieving a Better Life Experience (ABLE) Act was signed into law authorizing individuals with disabilities to open tax-exempt savings accounts to save for disability-related expenses without impacting eligibility for resource-based benefits. The Act permits individuals with disabilities to save more than a total of \$2,000 in assets (cash, savings, etc.) in their name in a qualified ABLE account.

The ABLE Act provides individuals with disabilities a host of benefits to start saving for the future. For starters, you get to keep your public benefits! And earnings on the money in your account are free from federal and state tax.

Diane K. Stewart

Enable Outreach Specialist

First National Bank

www.EnableSavings.com [\[facebook.com\]](https://www.facebook.com) 1.844.ENABLE4 •

📍 1620 Dodge Street • Mail Stop 1105 • Omaha, Nebraska 68197 • ☎ 402.602.3596 • 📞 402.938.5200

Easterseals offers fun, healthy programs for children, adults and caregivers to relax, connect with friends and engage in constructive activities—all necessary to living the best life possible.



Camping and Recreation

As the largest provider of recreation and camping services for people with disabilities in the country, we're proud to offer residential and day camps for children and adults of all types and levels of ability. Our camps are barrier-free and designed to be accessible to everyone.

Respite Services

Easterseals offers short-term or temporary care for loved ones so that their caregivers can take a much-needed break, including [adult day care](#), [inclusive childcare](#), [camping and recreation programs](#) and more.

Brain Games

Easterseals has been helping people improve their brain function for nearly 100 years through community-based programs and services. We are committed to bringing the latest in brain health science to those who need it most.

Easterseals Nebraska

Call us
402-345-2200

Find us
12565 West Center Road, Suite 100
Omaha, NE 68144-8144



CARD™

CARD Specialized Outpatient Services (SOS) provides assistance with specific areas of concern for a family and develops and implements strategies to diminish problem behaviors and teach necessary skills. Behavior analysis is the science of behavior. Applied behavior analysis (ABA) is the process of systematically applying interventions based upon the principles of learning theory to improve socially significant behaviors to a meaningful degree (Baer, Wolf & Risley, 1968/1987; Sulzer-Azaroff & Mayer, 1991). Specifically, ABA refers to a systematic approach to the assessment and evaluation of behavior and the application of interventions that alter behavior.

In Nebraska you can contact CARD at 818-345-2345 ext 3975.

Pediatric Therapy

Helping Kids Achieve Their Milestones

Bryan Medical Center Pediatric Rehabilitation:
To schedule an appointment, call 402-481-3316

As a parent, you want the best for your children and you want to see them grow up to be successful adults with a successful and fulfilling life. At Bryan, we understand that an injury or challenge, either from illness, injury or a condition presented at birth, is unique and requires special care.

Our Areas of Specialty Include:

- Developmental disabilities
- Neurological or chromosomal impairments
- Torticollis
- Autism/PDD
- Speech
- Risks for delays due to prematurity
- Brain injuries
- Feeding
- Sensory dysfunction
- Visual perceptual impairment



The ADRC is a pilot program established by the Nebraska Legislature under LB320 in 2015. This effort is coordinated by Nebraska's Department of Health and Human Services' State Unit on Aging, through local Area Agencies on Aging, and in partnership with the disability organizations listed to the left.

The Aging and Disability Resource Center is for older Nebraskans (age 60), people with disabilities of all ages, family members, caregivers, and advocates. Local ADRCs provide information, referral, and assistance for accessing community services and long-term care options. Need to know more? Call our toll free number at **(844) 843-6364** to be connected to the closest ADRC.



<http://www.legalaidofnebraska.org>

LEGAL HELP IS OFTEN THE ONLY THING STANDING BETWEEN A LOW-INCOME FAMILY'S EFFORTS TO SEE BETTER DAYS, OR SUFFERING A FALL INTO DEEPER POVERTY.

In everything we do, for everyone in Nebraska: we make equal justice happen.

For more than 50 years, Legal Aid of Nebraska has provided dignity, hope, self-sufficiency and justice through quality civil legal aid. That's the important job of Legal Aid of Nebraska. Legal Aid is a problem solver, standing side by side with low income, diverse Nebraskans – enforcing laws, protecting rights, all the while addressing urgent needs and shining a light on what more could be done.

We offer free legal help to low-income and senior citizen (60+) clients in a full range of civil matters. Our highly experienced and diverse staff is dedicated to helping people preserve and maintain life essentials—income, health, safety, and shelter. Serving all 93 counties of Nebraska, we make equal justice happen.

Connect: Address: 209 S 19th St Suite 200, Omaha, NE 68102

Phone: 402-348-1069

Legal Assistance: 877-250-2016

HORSES FOR HEALING

Equine Therapy & Research Center | Firth, Nebraska

Horses for Healing was formed by a group of horse professionals, parents, teachers and healthcare specialists with the belief that there are people in our community who can benefit from the unique **healing power of horses**.

While our first priority is to serve people, we also place value on providing **evidence-based research** to back the activities our riders engage in. We are collaborating with colleges and healthcare systems to improve the quality of the research in the benefits of equine therapy.

HORSES FOR HEALING
Equine Therapy & Research Center

Phone: 402-730-1176

Email: horsesforhealingne@gmail.com

Facebook: facebook.com/horsesforhealingNE/



Finding out that your child has autism can be overwhelming, and figuring out next steps to take can be a struggle. Behaven Kids offers Autism Services that will work with you to create a therapy program, as individual as your child.

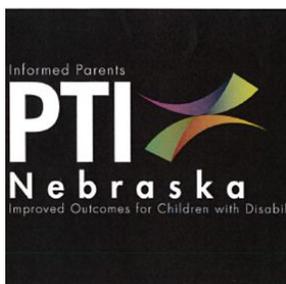
Behaven Kids Lincoln

1145 High Street

Lincoln, NE 68502

Phone 402.423.6464

info@behavenkids.com



PTI Nebraska

A statewide resource for families of children with disabilities or special health care needs, enabling parents to have the capacity to improve the education and healthcare outcomes for their children.

402-346-0525 or 800-284-8520

info@pti-nebraska.org www.pti-nebraska.org

THE DD WAIVER

The DD Waiver is a voluntary waiver. It is not a federally mandated program. Therefore, the Nebraska State legislature determines how to fund the waiver. One of the determining criteria for funding is the number of persons on the DD waiver waiting list. People on the waitlist have already met eligibility guidelines and are waiting for services. Eligibility for the DD waiver is not dependent on your family's income.

On behalf of Autism Family Network, I encourage you to apply for the DD waiver. The legislature needs to be aware of the number of people with developmental delays in our state in order to fund the waiver appropriately. There will be a few years of waiting once your name is placed on the list. Don't let this discourage you. Your loved one will have to wait a few years for services regardless if you sign up today or in 5 years from now. Get your loved one's name on the list immediately to decrease the number of years he/she has to wait for services. Some services provided under the waiver include respite, daycare, rehabilitative care, and chore services.

You may request an application by calling DD Services at 471-8501 or go on AccessNebraska at <https://dhhs-access-neb-menu.ne.gov/start/?tl=en>.

Contact the Autism Family Network with any questions you may have regarding the waiver at autismfamilynetworklincoln@gmail.com or at 402-421-0874.